



# Designing and Implementing a Youth Advisory Board (YAB)

## Recruitment



Created by Sarah Smith  
from Noun Project

- *What are youth looking for?*
  - Learn more about the research process
  - Interested in the topic of mental health



Created by shashim singh  
from Noun Project

- *What age range are you hoping to reach?*
  - Wider age range = different perspectives
  - Narrower age range = easier to plan professional development sessions



Created by 3D  
from Noun Project

- *How will you reach them?*
  - If you can't advertise locally, use apps that youth are on now
  - Use colleges to share recruitment information



Created by Gennadiy Tsybulskiy  
from Noun Project

- *What does the application process look like?*
  - (1) Online application
    - Includes parent consent and an adult references
  - (2) Interview
    - Casual
    - "You'll be doing x, y, and z - how does that fit with your interests and prior experience?"

## Example Structures



- **SMAHRT YAB**
  - Meets quarterly, 90 minutes
  - Order of events:
    - (1) Icebreaker and intros
    - (2) Ask for input on problems affecting adolescents and SMAHRT projects
    - (3) Professional development activities



- **TAM YAB**
  - Monthly, 60 minutes
  - Order of events:
    - (1) Icebreaker and intros
    - (2) Ask for input on problems affecting adolescents
    - (3) Professional development activities

## Learning



Created by David Reed  
from Noun Project

- *Professional development opportunities*
  - Bring in other local organizations (i.e. PATCH)
  - How to draft a resume
  - Introduction to interviews
  - How to dress for an interview
  - How to succeed in research



Created by Agha Hassan  
from Noun Project

- Look toward teens to see how a YAB should be formed
- Choose topics that interest youth
- Include events about self-development as well as professional development