



Technology and Adolescent  
Mental Wellness (TAM)

# Colloquium

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January 12, 2023



# TAM COLLOQUIUM AGENDA

## Thursday, January 12

This meeting is a one-day, virtual event that consists of 4 main time segments: (1) a TAM Data Consortium portion to learn about data that the TAM program has available and how TAM members have used it, (2) an expert panel moderated by the founder of Center for Scholars and Storytellers, Dr. Yalda T. Uhls, (3) a YAB Initiative portion to learn about successes and challenges from newly created YABs (funded through a TAM 2021 initiative), and (4) a general interest section including our TAM Youth Advisory Board panel.

**10:00 - 10:10 am:** Welcome and review of agenda

*Presenter: Dr. Megan Moreno*

**10:10 - 12:00 pm:** TAM Data Consortium

*Moderator: Dr. Jazmin Reyes-Portillo*

**10:10 - 10:20 am:** *Dr. Jessica Hamilton*

**10:20 - 10:30 am:** *Dr. Brittany Allen*

**10:30 - 10:40 am:** *Dr. Libby Milkovich*

**10:40 - 10:50 am:** *Danielle Rette*

**10:50 - 11:00 am:** *Dr. Lauren Rutter*

**11:00 - 11:15 am:** Presentation of available data

*Presenter: Dr. Megan Moreno*

**11:15 - 12:00 pm:** Research Idea Breakout Groups

*Moderators: Reese Hyzer, Brad Kerr, Marina Jenkins*

- Media and Mental Health
- Media and Wellbeing
- Health Risk Behaviors

**12:00 - 12:10 pm:** Break

**12:10 - 1:10 pm:** Expert Panel about Media Representation on Technology and Mental Health

*Moderator: Dr. Yalda T. Uhls*

**1:10 - 1:15 pm:** Review afternoon agenda

*Presenter: Dr. Megan Moreno*

**1:15 - 2:15 pm:** YAB Initiative Breakout Groups

- Group 1 - Wellbeing: Milwaukee Youth Wellness Initiative; Youth, Media, and Wellbeing; and Youth4Wellness at Yale
  - *Facilitator: Brad Kerr*
- Group 2 - Research: Teenovate, REACH, Library Partnership Resource Center
  - *Facilitator: Maggie Bushman*
- Group 3 - Clinical: TGE YAB, ATM YAB, Y'ALL
  - *Facilitator: Reese Hyzer*

**2:15 - 2:45 pm:** Co-development of a resource small groups

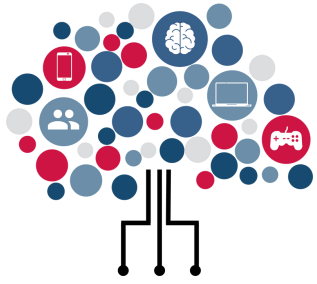
- Group 1: Recruitment, Permission Forms, and Icebreakers
  - *Facilitator: Maggie Bushman, Reese Hyzer, and Jacqueline Sii*
- Group 2: Professional Development Activities
  - *Facilitators: Brad Kerr and Grainne McDonagh*

**2:45 - 3:45 pm:** TAM Youth Advisory Board  
*Moderators: Reese Hyzer and Jessica Lee*

**3:45 - 3:50 pm:** Wrap up



#tamprogram  
@smahrteam



# MEET THE TAM ADVISORS



**Nusheen Ameenuddin, MD, MPH**

Nusheen Ameenuddin is a pediatrician at the Mayo Clinic and Chair of the Council on Communications and Media for the American Academy of Pediatrics. She is also an assistant professor at the Mayo Clinic Children's Center, and completed the fellowship in minority health policy at Harvard Medical School. Nusheen is passionate about child advocacy, parent education, and promoting public health. She is also a self-proclaimed "tweetiatrician," and uses social media to raise awareness on the sociopolitical context of healthcare.



**Amanda Lenhart**

Amanda Lenhart studies how technology affects human lives, with a special focus on families and children. A quantitative and qualitative researcher, Amanda is the Health + Data Research Lead at the Data & Society Research Institute. Over decades, she has examined how adolescents and their families use and think about technology, how young adults consume news, how harassment has thrived in online spaces, and how automation will impact workers.



**David Ryan Polgar**

David Ryan Polgar is a leading voice in the areas of tech ethics, digital citizenship, and what it means to be human in the digital age. David is a global speaker, a regular media commentator for national & international press, and a frequent advisor & consultant on building a better tech future. He is the co-host/co-creator of Funny as Tech, a NYCbased podcast & occasional live show that deals with our messy relationship with technology, and is the founder of All Tech Is Human, an accelerator for tech consideration & hub for the Responsible Tech movement.



**Amanda Lipp**

Amanda Lipp is a social entrepreneur, documentary filmmaker, consultant, and speaker. Amanda has produced over 60 short documentaries about mental health and social impact - covering topics such as youth psychosis, schizophrenia, art therapy, cyberbullying prevention, and housing relief from wildfires. A passionate advocate, she has given over 150 speeches around the U.S. since age 18 sharing her journey navigating the mental health system during college to working in the field.



# MEET THE TAM DATA CONSORTIUM RECIPIENTS

Facilitator: *Dr. Jazmin Reyes-Portillo*



**Jessica Hamilton, PhD**

Dr. Hamilton is an assistant professor in the Department of Psychology at Rutgers.



**Brittany Allen, MD**

Dr. Allen is an associate professor in the University of Wisconsin Department of Pediatrics.



**Elizabeth Milkovich, MD, FAAP**

Dr. Milkovich is an assistant professor at Children's Mercy Kansas City.



**Danielle Rette**

Danielle Rette is a Clinical Psychology Doctoral Student at Montclair State University.



**Lauren Rutter, PhD**

Dr. Rutter is an associate research scientist in the Department of Psychology and Brain Sciences at Indiana University.



# MEET THE EXPERTS

*Moderator: Dr. Yalda T. Uhls*



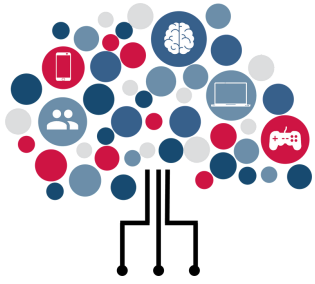
## **Lisa Guernsey**

Lisa Guernsey is an education researcher, author, and former journalist at the New York Times and Chronicle of Higher Education. She directs and co-founded the Learning Sciences Exchange fellows program and is also a senior fellow and strategic advisor in the Education Policy program at New America. Most of her work focuses on the intersection of literacy, equity in educational media and education systems, and the science behind learning. She is the author of *Screen Time: How Electronic Media—From Baby Videos to Educational Software—Affects Your Young Child* and the co-author of *Tap, Click, Read: Growing Readers in a World of Screens*, and has contributed to many books and publications on education and media.

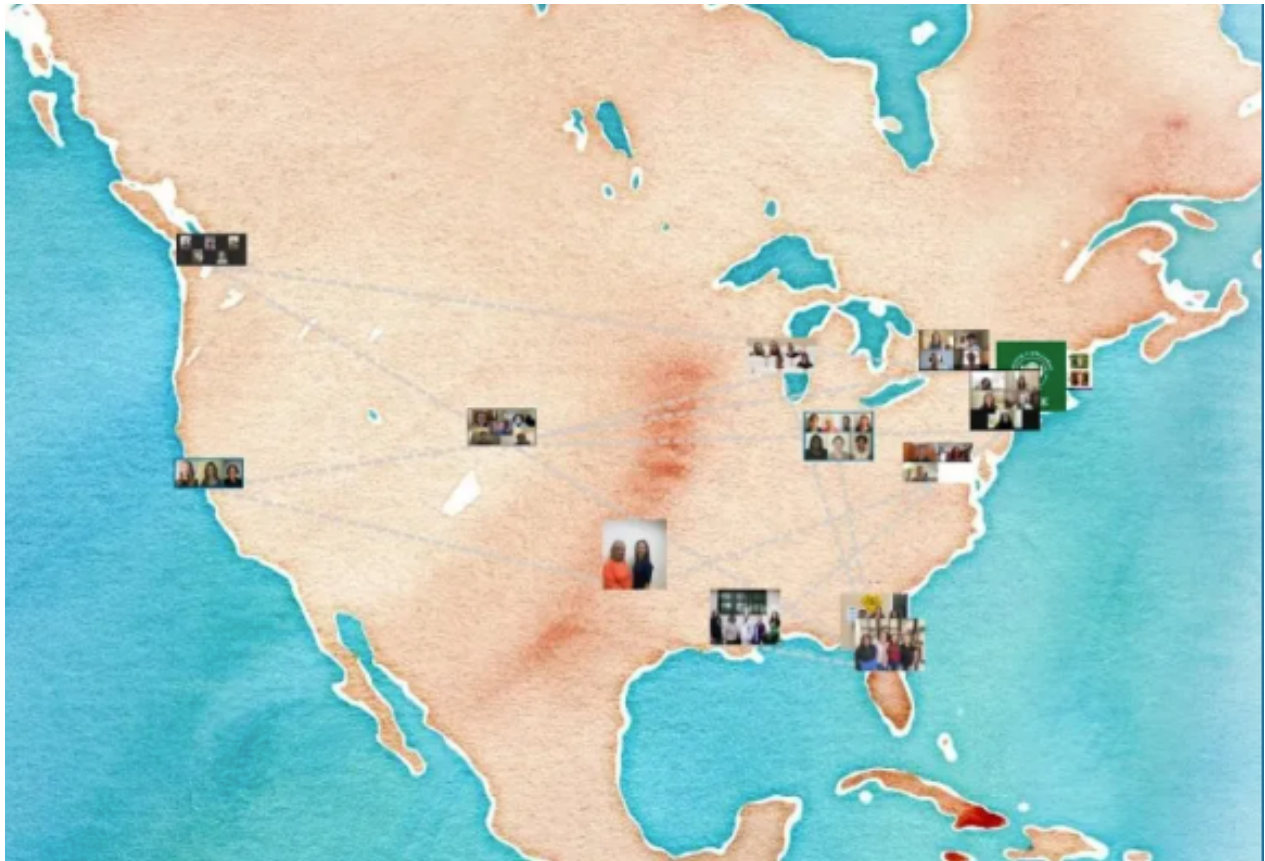


## **Candice Odgers, PhD**

Candice Odgers is an Associate Dean of Research and Professor of Psychological Science and Informatics at the University of California, Irvine and co-directs the Child & Brain Development Program at CIFAR. Her research focuses on how early, daily, and online experiences influence children's health and development using mobile phones, wearable devices, and web-based tools. She is the author of over 100 scientific publications and her research is reported and applied widely outside of academia.



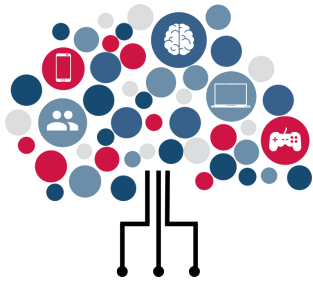
## MEET THE YAB INITIATIVE RECIPIENTS



The YAB Initiative is an initiative supported by the Technology and Adolescent Mental Wellbeing (TAM) program led by Dr. Megan Moreno to promote youth engagement and support researchers, clinicians, and youth advisory boards from across the country with diverse focuses in adolescent health and research.

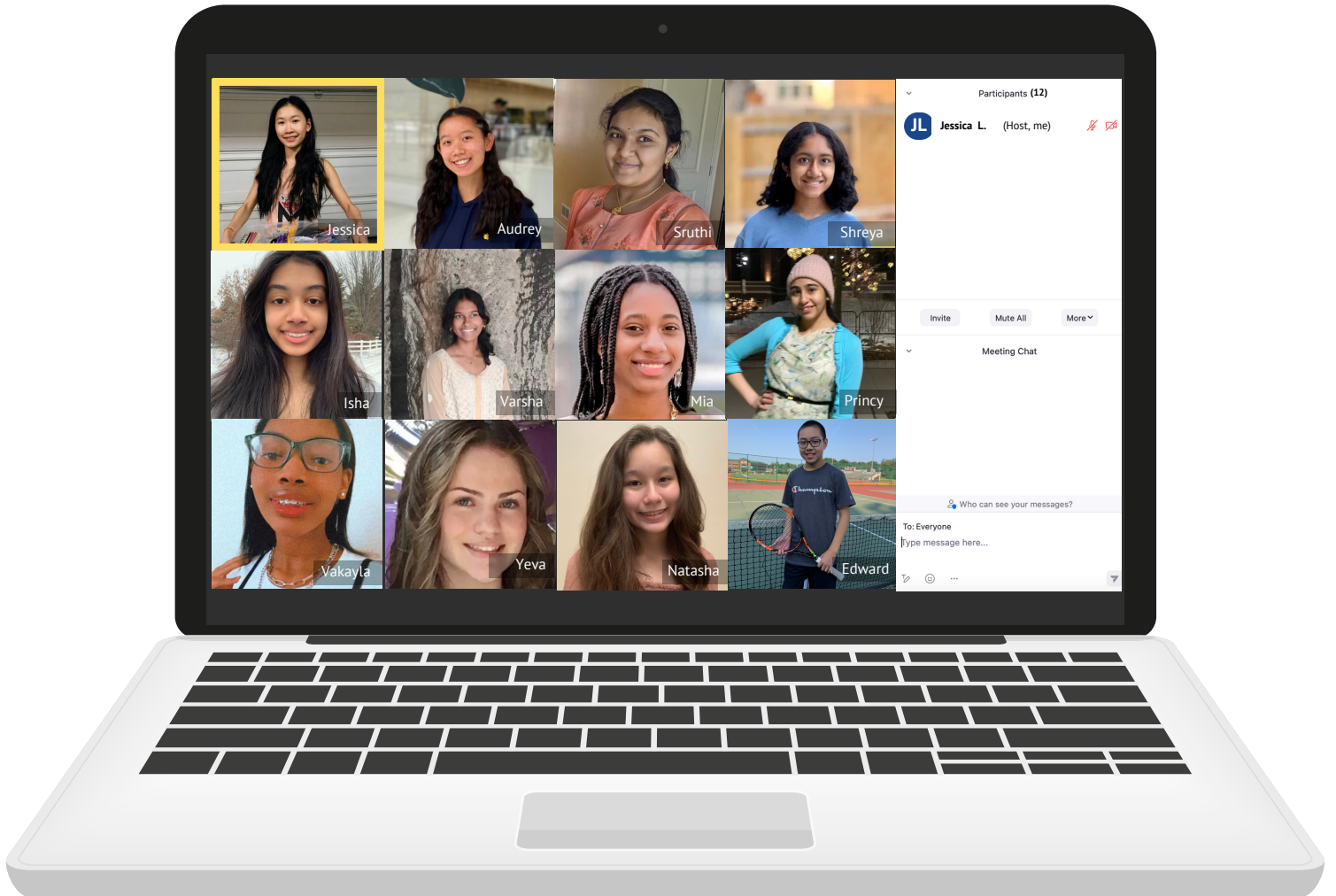
Currently, 14 youth advisory boards have been funded by this initiative. Explore this story map and learn more about our community members.

[Start Exploring](#)



# MEET THE YOUTH PANEL

*Moderators: Reese Hyzer and Jessica Lee*



[Learn More](#)



## **MEET THE SMAHRTEAM**



**Megan Moreno,  
MD, MEd, MPH**



**Abby Hommer**



**Amrutha Garimella**



**Angie Calvin**



**Anish Damani**



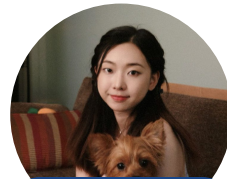
**Avery Salerno**



**Brad Kerr**



**Chelsea Olson**



**Fenghang Yao**



**Garrett Waterman**



**Grainne McDonagh**



**HyunJu Park**



**Isabel Garlough-Shah**



**Jacqueline Sii**



**Jamie Colon**



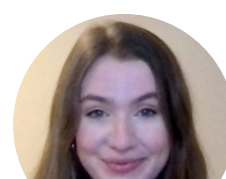
**Katie Sullivan**



**Lekha Pillarisetti**



**Maggie Bushman**



**Makilah Joyce**



**Matt Minich**



**Meisi Li**



**Neha Charlly**



**Reese Hyzer**